

As partners in care, visitors have an important role in helping keep our hospital safe. Please read the information below and contact the care team if you have any questions.

What you need to know when visiting an inpatient:

- Patients can have one visitor per day at the bedside between 9 a.m. and 2 p.m. or 4 p.m. and 9 p.m. (Please choose one time slot.)
- Visitors must be over 12 years of age and part of the patient's household or 10-person social circle (Read about social circles on the Province of Ontario's website [covid-19.ontario.ca](https://www.covid-19.ontario.ca)).
- Visitors will be screened at the entrance for symptoms.
- Visitors will need to provide their name and contact information to be used for contact tracing purposes if needed.
- Visitors are asked to check in with the care team when arriving on the unit. If visiting a patient on Additional Precautions, you may be required to wear additional protective equipment.
- Visitors are asked to stay at the patient's bedside. Please don't go in other patient rooms, or common areas.

Do not visit if you or others in your household are ill or waiting for COVID-19 test results due to recent or ongoing symptoms or a known exposure to COVID-19.

Do not visit if you are feeling unwell with any symptoms of illness—even mild symptoms, including fever, cough, runny nose, sore throat, nausea, vomiting, diarrhea or abdominal pain.

Do not visit if you have travelled outside of Canada in the last 14 days.

Help keep our hospitals safe during your visit:



Please wear a mask when you come to visit. Wear the mask properly so that it covers your nose and mouth at all times while you are in the hospital. If you don't have a mask, one will be provided when you enter.



Practice physical distancing and keep two metres from others as much as possible.



Clean your hands often for at least 15 seconds.

Stay safe in the community:

- Follow recommendations from Public Health Ontario on physical distancing, wearing a mask or attending social events and other gatherings of people.

If you have any questions about visiting a patient at Sinai Health, please speak with the care team.